

## FALL Tae Kwon Do

Register for class 2 weeks prior to the 1<sup>st</sup> of each month...new students will begin class together the 1<sup>st</sup> week of the month. If you register after or on the 1<sup>st</sup> of month you will have to wait until next month to begin class.....07/20/2010

**When: Tuesday & Thursday**

**Where: Building 2806 Youth Services(YS) on 7<sup>th</sup> Ave.**

- Enrollment opens July 26
- We BEGIN Aug. 3<sup>rd</sup>.

CYMS # 950400

15-4:00-4:30 p.m. 3 -5 yrs = \$25  
17-4:45-5:15 p.m. 6-7 yrs = \$25  
18-5:30-6:00 p.m. 8-9 yrs = \$25  
19-6:15-7:30p.m. 10-18 yr s = \$33

Classes are subject to change - must have 6 children to conduct a class.

**Younger Children** (ages 3.5-9yr) will receive Tae Kwon Do basic movements, forms, one-steps, springs and Belt Promotion .**Older students** (ages 9yr & up) will receive training in all the above plus Hap Ki Do basics.

Once you are enrolled fees are automatically entered into your account on the 1<sup>st</sup> of each month. All fees must be paid by the 6<sup>th</sup> or a \$5.00 late fee can be charged to your account. Once you are enrolled the fee is the same amount each month unless class is cancelled by the instructor or a makeup class is not scheduled then you are given a credit for class missed. All Federal Holidays will be observed.

To **with-draw** child from class **YOU MUST** call 334- 255-1867 by the 25<sup>th</sup> of the month. The Computer system CYMS will only withdraw when the balance is \$0.00

Register at Building 5700 Room 130  
All Students must have a valid CYS Registration. Call 255-1867 or 9638  
\*\*Please NOTE that sometimes things DO Arise and I may need to call You.Please be sure we have current phone numbers. My number will pull up as 000-000-000. If you see this # please answer.

**Please Read Back of Flyer.**

## Discover the School of Sports, Fitness & Health

### Martial Arts

The words "Tae Kwon Do" mean the art of kicking & punching. However, our goals are to help you learn discipline, focus, attitude, self-control, confidence, and build self-esteem.

**Mrs. Martha Miller** has earned a 1st Degree Black Belt in HAP KI DO from the KOREA HAPKIDO Association and a 3<sup>rd</sup> Degree Black Belt in TAE KWON DO.

She has been teaching Martial Art classes for Youth Services for over 10 years. She also teaches Self Defense and is a WSI (Water Safety Instructor) . Our classes are non-competitive - we have fun in learning the movements.....

**Please Read Back Of Flyer.**

Parents: We encourage you to enroll siblings in different classes. We feel this helps each child to achieve, develop skills, self esteem and build self confidence.

Several times in the year we may combine classes for recital practice, performances, or party and fellowship. This counts as a class and will not be credited.

