

SKIES Unlimited

SUMMER Tae Kwon Do

Register for class 2 weeks prior to the 1st of each month...new students will begin class together the 1st week of the month...specials needs children are main streamed into classes after completing SNAP...If you register after or on the 1st of month you will have to wait until next month to begin class.....May 2010

When: Tuesday & Thursday

**Where: Building 2806 Youth
Services on 7th Avenue
950400**

15-3:15-3:45p.m. 3- 5 yrs. = \$25
16-4:00-4:30 p.m. 4-7 yrs = \$25
17-4:45-5:15 p.m. 5-9 yrs = \$25
18-5:30-6:00 p.m. 8-11 yrs = \$25
19-6:15-7:30p.m. 10 yr s & up = \$33

Classes are subject to change - must have 6children to conduct a class.

Younger Children (ages 3.5-9yr) will receive Tae Kwon Do basic movements, forms, one-steps, spring and Belt Promotion .**Older students** (ages 9yr & up) will receive training in all the above plus Hap Ki Do basics.

Once you are enrolled fees are automatically entered into your account on the 1st of each month. All fees must be paid by the 6th or a \$5.00 late fee can be charged to your account. Once you are enrolled the fee is the same amount each month unless class is cancelled by the instructor or a makeup class is not scheduled then you are given a credit for class missed. All Federal Holidays will be observed.

To **with-draw** child from class **YOU MUST** call 334- 255-1867 by the 25th of the month. The Computer system CYMS will only withdraw when the balance is \$0.00

Register at Building 5700 Room 130
All Students must have a valid CYS
Registration. Call 255-1867 or 9638

Discover the School of Sports, Fitness & Health

Martial Arts

The words "Tae Kwon Do" mean the art of kicking & punching. However, our goals are to help you learn discipline, focus, attitude, self-control, confidence, and build self-esteem.

Mrs. Martha Miller has earned a 1st Degree Black Belt in HAP KI DO from the KOREA HAPKIDO Association and a 3rd Degree Black Belt in TAE KWON DO.

She has been teaching Martial Art classes for Youth Services for over 10 years. She also teaches Self Defense and is a WSI (Water Safety Instructor) . Our classes are non-competitive - we have fun in learning the movements.....

Parents: We encourage you to enroll siblings in different classes. We feel this helps each child to achieve, develop skills, self esteem and confidence.

Several times in the year we may combine classes for recital practice, performances, or party and fellowship. This counts as a class and will not be credited.



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Schools of Knowledge, Inspiration, Exploration & Skills