

Andrews Avenue Physical Fitness Center

Indoor Pool

Andrews Avenue, Building 4605

334-255-2296

Aquatics Coordinator

Hours: Open 15 September 2008

0530-0730 Unit Training and Lap Swimming Only

0900-1300 Lap Swimming, Swimming Lessons and Recreational Swimming

1600-1900 Lap Swimming, Swimming Lessons and Recreational Swimming

Aviators' Landing Pool

Outdoor Seasonal Pool

Novosel St · Building 113

334-255-2096

Hours: Open Weekends Only (Saturday and Sunday)

Closing 15 September 2008

1200-1800 Recreational Swimming/Snack Bar

Cost:

0yrs-2yrs FREE

3yrs-12yrs \$1.00

13yrs-17yrs \$1.50

18yrs and Up \$2.00

Flynn Pool

Outdoor Seasonal Pool

Park Drive · Building 9222

334-255-3998

Hours: Closing 15 September 2008

Monday-Friday

0530-0730 Unit Training and Lap Swimming Only

0900-1300 Lap Swimming, Swimming Lessons and Recreational Swimming

1600-1900 Lap Swimming, Swimming Lessons and Recreational Swimming

Saturday and Sunday

1000-1200 Lap Swimming Only

West Beach

Outdoor Seasonal Beach Front

Lake Tholocco

Hours: Open Weekends Only (Saturday and Sunday)

Closing 15 September 2008

1200-1800 Recreational Swimming

Adult Swim Lessons: Monday and Wednesday Nights

The course offers skills to feel comfortable in and around the water, giving participants fundamental water skills, stroke development and improvement. Course is only open to ages 18 and up. Cost is \$30.00 per student. Half Price to Active Military. TIME: 1730-1830

Class Schedule:

08 Sept-01 Oct 2008

06 Oct-29 Oct 2008

03 Nov-26 Nov 2008

Sign up at the Andrews Avenue Physical Fitness Center