

GROUP FITNESS MEDLEY

Fortenberry–Colton Physical Fitness Center

WEDNESDAY, NOVEMBER 18
3 – 8 P.M.

In recognition of Military Family Appreciation Day the PFC will be offering a Medley of Group Fitness Classes.

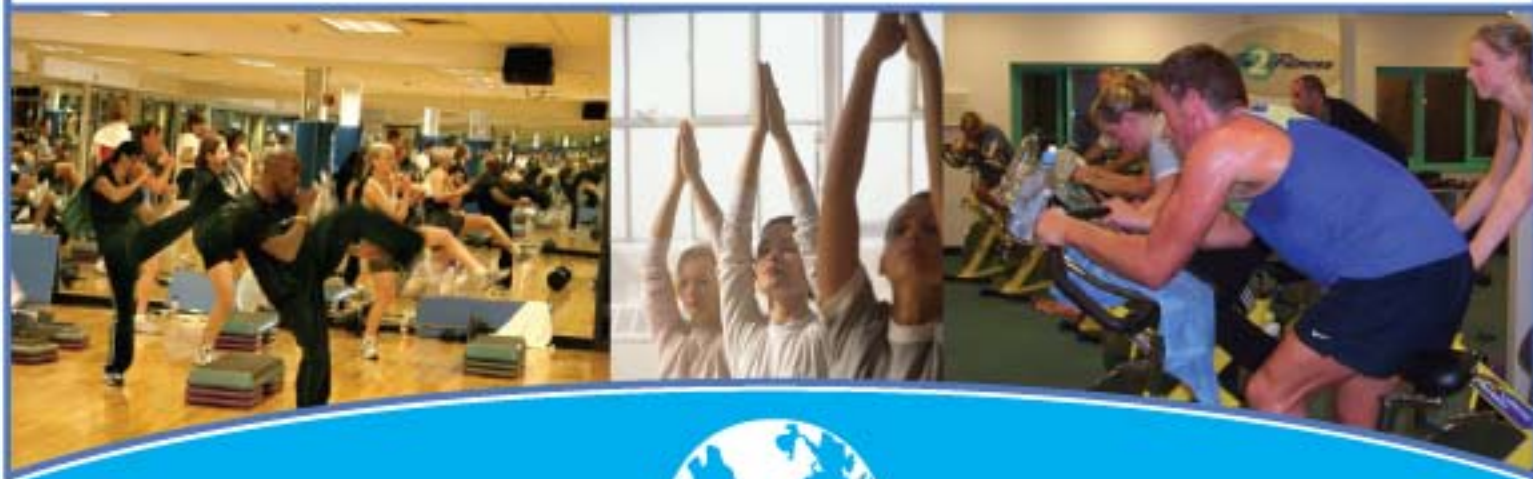
All classes offered will be free of charge to any and all military personnel (active, reserve or retired) and their families.

The Fitness Medley will showcase a variety of classes including Yoga, Spinning, Step, Zumba and many others!

Meet the instructors and try something new.

Refreshments will be served throughout the event.

Call or come by to sign up
255-3794



www.ftruckermwr.com